



A Message From Your President

Branch Open for Business



As we enter mid-summer, we see a new Heritage Family branch in Brandon, Vermont. Formerly a fire station, we have maintained this building's original appearance by using old photos to replicate its historic appeal. History is very important to us at Heritage Family Credit Union; thus our name, Heritage Family. Our

building in Bennington dates back to the 1830's and most of our newer branches have been built of brick to demonstrate the solid foundation a financial institution should have.

Our new branch in Brandon, of course, is no exception to our policy of maintaining a traditional look. Built in 1888 and used to house the horses that pulled the fire wagons, this building will be historically pleasing for many years following its renovations by Naylor and Breen Builders, a local contracting firm. This branch is full service and employs four individuals, most of who are from the Brandon area. We plan to be a positive influence in Brandon by being a good corporate citizen and our local staff intends to provide the friendly, personable service that has become a hallmark of Heritage Family Credit Union. Our slogan, "Your community, your Credit Union," is very much alive at our new site in Brandon, Vermont. May we look forward to your personal visit sometime this summer? We hope to see you soon.

*To all our members at all our branches,
have a safe and enjoyable summer.*

-Ron Hance, President

The Mulligan Loan Is Back!

Take a couple of strokes off your current loan you have at another financial institution with our Mulligan Loan! Take 2% off and save money on everything from your personal watercraft and camper payments to your car loan and credit card balance... whatever loan you already have!* With secured rates as low as 4.99% APR with a 72 month term and unsecured rates as low as 7.99% APR with a 48 month term the Mulligan could be the hole-in-one you are looking for to save you some money this summer. Call 888.252.8932 or stop in to any Heritage Family branch and speak with a Financial Service Representative to see how your credit union can save you money today.

*Does not include real estate or business loans.

Home Mortgages Have A New Address

We are pleased to announce our new online mortgage tool, e-Mortgages, at www.hfcuvt.com, coming this summer. e-Mortgages gives you the power to research various mortgage products, search for personalized rate quotes, and apply for a loan 24 hours a day, 7 days a week.

Convenience is the key.

You have a busy schedule and we know that it can be challenging to get done everything you need to do during traditional business hours. With our mortgage website you don't have to worry about the time of day or even the day of week because we are always open-online. This means when you meet with your Realtor® on Saturday afternoon you can look at homes with confidence because you were pre-approved for a loan on Saturday morning.

Your unique user name and password enable you to start and save your application. Start the process at your office and finish up at home. Your information is right where you left it until you are ready to complete it.

The path to your new loan is simple.

A unique application is created for you based on your answers and personal situation. This streamlined application means you won't be asked unnecessary, time consuming questions.

Rates are delivered right to your mailbox via Rate Watch. Of course when we say mailbox, we mean your email mailbox. Just tell us the rate you are looking for and we will email you if and when it

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2nd Annual Shredo De Mayo a Huge Success

While the sun didn't want to show up for Heritage Family Credit Union's Second Annual Shredo de Mayo, the community did! Approximately 200 people came out to say "Hasta la vista" to tons of their personal information this past May.

The credit union started Shredo De Mayo to help people protect their identity and accounts against theft and fraud with the free shredding of personal and confidential information, and providing them with information on identity theft. Thanks to all and look for us next year.



Steve Waterman, Mark Grossarth and Matt Levandowski get "loco" on some documents during Shredo De Mayo.

HFCU Races Back to the Devil's Bowl

Ladies and gentlemen start your engines! Heritage Family Night at the Devil's Bowl is back by popular demand August 10, 2008. Once again there will be free admission to the Speedway for all HFCU members as well as prizes and more. So, mark your calendars now! You do not need tickets, but you must have proof of membership. (ATM/Debit Card, statement, etc.) Entry is free for members only, and children under 13 years old attending with a parent or guardian who is a member. There will be a special entry for members at the Devil's Bowl. For more information, stop in to any branch or call 888.252.8932.

Visa Credit Card Phone Numbers

After hours lost or stolen Visa credit card calls should be directed to 1.800.234.5354.

Traveling This Summer? What You Should Know About Using Your Visa

If you will be traveling out of the area this summer and plan on using your HFCU Visa credit card please call 1.800.234.5354 with your travel dates. If you have any questions please call 802.776.2140.

In Memoriam of Sam Stannard

In 1956, fifty-seven GE employees came together in Ludlow, Vermont to form Ludlow General Electric Employees' Credit Union, which would eventually become Heritage Family Credit Union. Sam Stannard, one of the founders of the Ludlow General Electric Employees' Credit Union and the credit union's first treasurer, died June 8, 2008. Sam was 88 years old and lived in Tennessee. Every individual who makes up the credit union is important, but Sam's dedication and service to the credit union went above and beyond, helping make the credit union what it is today. Sam will be dearly missed.

Congratulations To HFCU Scholarship Winners

Congratulations to this year's recipients of the Heritage Family Credit Union Scholarships. The scholarships are awarded in recognition of outstanding leadership & academic achievement to students. This year's recipients are:

Stephanie A. Traverse - Fair Haven Union High School

Troy J. Quinn - Mount Anthony Union High School

Dana F. Johnson - SWV Career Development Center

Katie E. Gourlay - Stafford Technical Center

Justin M. Temple - Rutland High School

Alex Sienkiewicz - Otter Valley Union High School

Save Money on Your Insurance Today

Heritage Family Credit Union members can save up to \$327.96 or more a year on auto insurance with *Group Savings Plus®.

Chances are you're paying too much for auto insurance, \$327.96 too much! Just think what you could do with that extra money! With Group Savings Plus, you'll enjoy:

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*Figure based on a February 2008 sample of auto policyholder savings when comparing their former premium with those of Liberty Mutual's group auto and home program. Individual premiums and savings will vary.

**Discounts and credits are available where state laws and regulations allow and may vary by state. Certain discounts apply to specific coverages only. To the extent permitted by law, applicants are individually underwritten; not all applicants may qualify. †Service applies to auto policyholders and is provided by Cross Country Motor Club of Boston, Inc., Boston, MA or through Cross Country Motor Club of California, Inc., Boston, MA. A consumer report from a consumer reporting agency and/or a motor vehicle report, on all drivers listed on your policy, may be obtained where state laws and regulations allow.

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How to Survive and Thrive in Volatile Markets

Content developed by CUNA Brokerage Services, provided by Richard Rodrigue

There is one sure thing about the stock market – it goes both up and down. These days it isn't unusual for the Dow Jones Industrial Average to swing 100 points, in either direction, in a matter of a few hours. So you think to yourself, "I'll jump out of the market when it's going down and jump in when it's going back up."

That's the theory behind market timing. And a very tempting theory it is. But does it really work?

The idea behind market timing is to buy a stock when prices are low, hold that stock as the market rises, sell the stock at the peak and then wait as the market moves down again. Then, the process begins all over again. There is only one problem: market timing theories require that you correctly guess the direction of the stock market. But is that possible? And what is the risk if you guess wrong?

What If Your Timing Is Off?

Not being fully invested during a market upturn can seriously hurt your long-term investment plans. Studies of stock market history show that not being invested at the "right" times can be costly to an investor. Consider the following hypothetical example based on the return of the S&P 500:

On December 31, 1996, \$10,000 is invested in a stock index fund based on the S&P 500 Index. By December 31, 2006 the \$10,000 would have grown to \$22,252.00, an average annual total return of 8.33%.

However, suppose this investor starts "timing" the market during that ten-year period, and as a result missed 10 of the market's best single-day performances. Their return would drop from 8.33% to 3.32%. And if you missed the market's best 20 days that 8.33% return would have dropped to -0.46%. Perhaps the best market timing strategy is to stay invested the entire time.

The Penalty for Missing the Market

This chart illustrates a \$10,000 investment in the S&P 500 Index from Dec. 31, 1996 – Dec. 31, 2006.

AVERAGE ANNUAL

PERIOD OF INVESTMENT	TOTAL RETURN	GROWTH OF \$10,000
Fully Invested	8.33%	\$22,252
Miss the Best 10 Days	3.32	13,864
Miss the Best 20 Days	-0.46	9,548
Miss the Best 30 Days	-3.71	6,849
Miss the Best 40 Days	-6.42	5,148
Miss the Best 60 Days	-10.98	3,125

Source: AIM Management Group Inc.;

This is a hypothetical example used for illustrative purposes. The performance of an unmanaged index is not indicative of the performance of any particular investment. The performance of an index assumes no transaction costs, taxes, management fees or other expenses. It is not possible to invest directly in any index. Past performance cannot guarantee comparable future results.

Market fluctuations can make many investors nervous. Getting out of stocks when the market falls may not be the answer. Be careful not to let short-term volatility drive your long-term investment planning. Your best defense against a volatile market may be a well-diversified portfolio and a disciplined program of periodic investments.

Put Market Volatility to Work for You

Making regular investments in a mutual fund when the market is down as well as when it is on the rise is a strategy known as dollar cost averaging. With dollar cost averaging, you invest a fixed amount of money on a regular basis. This way, when the market is down your money buys more shares. Investing the same amount of money steadily over time may lower your average cost. Although it's important to know that it cannot guarantee a profit or protect you from a loss in a declining market.

Successful dollar cost averaging investing requires continuous investing regardless of fluctuating prices. You need to be emotionally and financially prepared to continue buying shares when the market is both up and down. And over time you just might find market volatility actually helped you reach your long-term goals.

Richard Rodrigue is a Financial Advisor with the Members Financial Services Program at the Heritage Family Federal Credit Union. If you have any questions, or would like to provide feedback, regarding the information presented in this article, you may contact Rich at 802-776-2154.

Representative is not a tax advisor or legal expert. For information regarding specific tax situations, please contact a tax professional. For legal advice, consult an attorney.

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Heritage Family CREDIT UNION

Main Office

Thirty Allen Street
Rutland, VT 05701
888.252.8932
Fax 802.775.7864

Rutland Branch

Fifty West Street
Rutland, VT 05701
888.252.8932
Fax 802.747.7543

Fair Haven Branch

73 Main Street
Fair Haven, VT 05743
888.252.8932
Fax 802.265.4751

Londonderry Branch

Route 100
South Londonderry, VT 05155
888.252.8932
Fax 802.824.1003

Hooksett Branch

1338 Hooksett Road
Hooksett, NH 03106
888.252.8932
Fax 603.624.1132

Bennington Branch

206 Pleasant Street
Bennington, VT 05201
888.252.8932
Fax 802.447.1003

Brandon Branch

2 West Seminary Street
Brandon, VT 05733
888.252.8932
Fax 802.247.8732

MARS 800.374.8469

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becomes available. If you prefer to keep an eye on a variety of rates, sign up for daily, weekly, or monthly email updates. You no longer have to monitor the rates. We do the work for you!

We open the door of understanding.

With all the different types of loans available and the financial jargon associated with mortgages, confusion is a common side effect of the lending process. Our online resource center will take the mystery out of the mortgage process. We explain the different loan types available and what you can expect during the loan process in real-life language.

Our calculators let you try out "what if" scenarios so that you can feel confident you have selected the loan product that best fits your financial wants and needs.

Drop by and stay a while.

Visit us online today. Whether you are ready to apply or just want to research products and rates, we think you'll like our mortgage lending new address just as much as we do!

Loan Rates

All rates are listed "as low as"

Effective May 22, 2008

Type	Term	APR**	Payment Per \$1,000 of Borrowing
Secured Loans* <i>Including new/used autos and RVs</i>	24 months	4.95%	\$43.86
	36 months	5.95%	\$30.41
	48 months	6.25%	\$23.61
	60 months	6.50%	\$19.57
	72 months	6.75%	\$16.94
Unsecured Loans* ...up to	48 months	9.70%	\$25.23
Home Equity Line of Credit*	180 months	Prime - .50% adj.	
Visa Cards			
Visa® Platinum (\$50 Annual Fee)		Prime + 1.00% adj.	
Visa® Gold (No Annual Fee)		9.99%	
Visa® Classic® (\$15 Annual Fee)		11.90%	
Visa® Classic® (No Annual Fee)		13.90%	
Certificate Secured		Certificate Rate +	3.00% adj.
Share Secured		Share Rate +	3.00% adj.
Student Loans			
Student Loans, Federal Stafford			6.80%
Student Loans, Federal PLUS & SLS			8.50%
Overdraft Protection			15.00%
Mortgages/Mobile Home Loans		Contact a Mortgage Officer for current rates.	

*Rate based on your credit history. Actual rate may be higher. All rates subject to change without prior notice.
**Annual Percentage Rate.

Dividend Rates

The Board of Directors has declared these dividends for the 1st Quarter of 2008:

Account	APY**	Rate
Share Savings Account*	1.00%	0.995%
Share Draft Account*	0.25%	0.25%
Other Accounts* (Holiday, Vacation, Fuel, Tax)	0.75%	0.747%
IRA Payroll /Shares	1.00%	0.995%
IRA Term Share Certificates (\$500 minimum)	3.15%	3.11%
Term Share Certificates (A penalty may be imposed for early withdrawal) (Call for terms and rates.)		
Money Market Share Account (\$1,000 to \$19,999)	1.50%	1.49%
Money Market Share Account (\$20,000 to \$34,999)	1.75%	1.74%
Money Market Share Account (\$35,000+)	2.35%	2.33%

*Calculated daily, paid monthly. Rates are variable and subject to change. Federal law prohibits payment of dividends to be in excess of available earnings. **Annual Percentage Yield.